

A Warriors Guide to Life's Battles



Vigilance 1 Samuel 25 onwards

1 Samuel 25 : 1 - 13

David is about to learn that one of the biggest battles in life is protecting his heart from toxic attitudes and spiritual forces.

In this story we see David being tempted to let an offence settle in his spirit and ultimately change his destiny.

Q : What do you notice as the nature of Nabal versus the nature of David or Abigail? How would you sum up each of their "spirits"?

Proverbs 2 : 23

David's heart was the source of his success in that it was pure and God could work with it. Above all else he was instructed to guard this.

Q : What does it mean to you when someone says "guard your heart" or "don't let it get into your spirit"?

Matthew 15 : 19 - 20

Jesus spoke clearly that most of our toxic behaviour comes from our hearts. There are attitudes and spiritual strongholds that have a hold on us and often affect our behaviour in the negative.

Q : Why do we so often blame external or biological things for our toxic behaviour?

2 Corinthians 2 :10 -11

Paul tells us that the enemy has many ways in which he seeks to plant toxic attitudes or strongholds in our life.

Q : Why is family often a place that can wound us and allow toxic issues to grow? Looking back over your life can you see any place where the enemy tricked you and toxic stuff got in? What was the enemy's device for this?

1 Samuel 25 : 26 - 34

The LORD helped David by providing people to speak into his life and a grace to overcome?

Q : How do you respond when someone close points out your attitude rather than the offence you suffered? What would help you hear better?

THIS WEEKS PRAYER FOCUS

A church of Unity and Community

22 I have given them the glory that you gave me, that they may be one as we are one— 23 I in them and you in me—so that they may be brought to complete unity. Then the world will know that you sent me and have loved them even as you have loved me.

John 17

A church filled with the breath of God

17 Now the Lord is the Spirit, and where the Spirit of the Lord is, there is freedom. 18 And we all, who with unveiled faces contemplate the Lord's glory, are being transformed into his image with ever-increasing glory, which comes from the Lord, who is the Spirit.

2 Corinthians 3

A church strong in the word

25 Christ loved the church and gave himself up for her 26 to make her holy, cleansing her by the washing with water through the word, 27 and to present her to himself as a radiant church, without stain or wrinkle or any other blemish, but holy and blameless.

Ephesians 5

A church where our people are effective in sharing the good news where ever they are

36 When he saw the crowds, he had compassion on them, because they were harassed and helpless, like sheep without a shepherd. 37 Then he said to his disciples, "The harvest is plentiful but the workers are few. 38 Ask the Lord of the harvest, therefore, to send out workers into his harvest field."

Matthew 9

A church where people are released into their ministries and gifting

11 Now these are the gifts Christ gave to the church: the apostles, the prophets, the evangelists, and the pastors and teachers. 12 Their responsibility is to equip God's people to do his work and build up the church, the body of Christ.

13 This will continue until we all come to such unity in our faith and knowledge of God's Son that we will be mature in the Lord, measuring up to the full and complete standard of Christ.

Ephesians 5 : 11 - 13

A church of healing for the spirit, soul, and body

*"The Spirit of the Lord is on me,
because he has anointed me
to proclaim good news to the poor.
He has sent me to proclaim freedom for the prisoners
and recovery of sight for the blind,
to set the oppressed free,
19 to proclaim the year of the Lord's favor."*

Luke 4

A church of young people (children, youth, young adults)

*"Then, after doing all those things,
I will pour out my Spirit upon all people.
Your sons and daughters will prophesy.
Your old men will dream dreams,
and your young men will see visions.*

Joel 2 : 28

A church where the ministers are anointed and flowing in their gifting.

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