



Week Six

RUNNING WITH THE HORSES

THRIVING IN ADVERSITY - JEREMIAH

Jeremiah's Adversity

16 When I discovered your words, I devoured them.

They are my joy and my heart's delight, for I bear your name, O Lord God of Heaven's Armies.

17 I never joined the people in their merry feasts.

*I sat **alone** because your hand was on me. I was filled with indignation at their sins.*

Jeremiah 15 : 16 - 18

Question :

- **How common do you think loneliness is in society? What do you think are the root causes of it?**
- **Why did God separate Jeremiah from much of society? In what ways does our faith separate us from others? Are we meant to be separated from society to the same extent as Jeremiah?**

Jeremiah's Complaint

*18 Why then does my suffering continue? **Why is my wound so incurable?***

Your help seems as uncertain as a seasonal brook, like a spring that has gone dry."

Question :

- **What is the difference from moments of sensing loneliness and being lonely? Do you think being lonely is something that is normal or abnormal?**
- **What are the inherent dangers in unresolved loneliness?**

God's Response #1

7 "But blessed are those who trust in the Lord and have made the Lord their hope and confidence. 8 They are like trees planted along a riverbank, with roots that reach deep into the water. Such trees are not bothered by the heat, or worried by long months of drought. Their leaves stay green, and they never stop producing fruit.

Jeremiah 17

Question :

- **Why is loneliness, according to the God's word, firstly a spiritual problem?**
- **If it is a spiritual problem, and we as believers are spiritually healed, can we then expect to be free from any sense of loneliness again?**

God's Response #2

*4 So Jeremiah sent for **Baruch** son of Neriah, and as Jeremiah dictated all the prophecies that the Lord had given him, Baruch wrote them on a scroll.*

Jeremiah 36

Question :

- **Have you found companions and encouragers through the local church or wider body? Share**
- **What does it mean "to make friends you need to be friendly"? Share about someone you have witnessed who is an expert at this.**